

New Coach to Diamond System

Here is an idea of a system from new coach to leader in 90 days. You, of course, work at your own pace, but this can be how it goes!

1. Begin in a New coach basics group and work with your coach daily
2. During the coach basics do a challenge group together with that group
3. Become Emerald and hit SC in first 30 days
4. Next 60-90 days, continue to hit SUCCESS CLUB, run your own challenge group maybe with 1 other coach you met in coach basics
5. Day 90, you hit Diamond. Run next coach basics and challenge groups with your newly formed team that you recruited the past 90 days!

YOU GOT THIS! Beachbody and myself give you the TOOLS to SUCCEED

I have tweaked coach basics to 6 weeks/4 assignments/wk and all Diamonds have access to that. Beachbody has challenge group guides on what you should post in your challenge groups daily. It doesn't matter if you have 1-5 people in these groups, just start doing them after you have consistently found success in hitting SC and reaching first level of leadership as Diamond.

It is o.k. if you want to start FRESH and call Today the start of your next 90 days. Take a baseline of where you are at now and put system above in place and start where you may have left off in the process! After those 90 days, you should then advance in rank every 90 days after that, moving up to 1*, 2* etc.... and the way to do this is plug your team into the system above!!!