

Welcome NEW COACH to TEAM PASSION

Step 1 in communicating with your NEW COACH

WELCOME EMAIL

Congratulations on making this amazing decision in becoming a Team Beachbody Coach! I am really excited you have chosen to be on our team. We give you the tools to succeed, you just have to use them. You can take this business to whichever level you choose. We are going to go thru a series of steps where you tell me what you want out of this business in the next 90 days – 6 months and you will know then, ultimately how far you would like to go!

O.k. so there are a few things you need to know to help you get started.

First, how to log into your website. Go to www.teambeachbody.com and click sign in at the top and put in your EMAIL and PASSWORD that you chose when you signed up. This first section is your health and fitness tool kit. This is where you will track your progress under your profile, where you will post head shot pic and progress pics as you begin to connect with people. FYI, you don't have to be in bathing suit or sports bra, you post what you are comfortable with and keep the sports bra pics for yourself until you are ready.

Under Eat Smart you will find your meal plan that you can customize.

Under Shop you will find all of the products that are available for you to sell to your clients, you are given the retail price and coach price.

You will then log into coach/coach online office and this is where your business lies. We will go over this site together in sections, so do not get overwhelmed. Remember, this is just like starting a new job, it will take time to learn everything so please ask tons of questions. That is what I am here for!

The sites that are very important for you to give to your friends/family are:

www.myshakeology.com/screenname (screenname is what you set up when you signed up)

www.teambeachbody.com/screenname (this is where people will place orders under shop as customers or sign up as coaches under your site)

www.ultimatereset.com/screenname (this gives your potential clients a place to learn more about the reset)

Our next coach basics groups starts on Monday 12/2 **(PLUG IN DATE OF NEXT GROUP)**

Our first step together is for you to answer the following questions and then we will set up our first call together, GETTING STARTED RIGHT INTERVIEW.

1. Tell me more about you (do you have kids? Full time job? Where do you live? Etc.....)
2. What is your fitness story? (Your struggles, your successes.....)
3. What are your fitness goals now? And what is your plan to reach your goals?
4. What about this business excites you and what concerns do you have, if any?

5. Other than helping people with fitness, which is our main goal...What are your goals with this business and why? If you have thought this thru already, what goals do you have in making this business work? (example: I would like to not have to get a part time job, I would like to make enough to make car payment, I would like to pay off credit card debt, I would like to replace my full time income)
6. How many hours per day can you devote to working this business?
7. What email address do you prefer I use and do you check it regularly?

This is going to be AMAZING and I am really excited to be working with you!

Thank you for taking the time in reading this message and answering the questions outlined!